



What is norovirus?

- An illness caused by a virus that causes gastrointestinal issues (vomiting and diarrhea).

What are symptoms that occur?

- Nausea
- Vomiting
- Diarrhea
- Stomach cramps
- Low-grade fever

How is it spread?

- Highly contagious, person can be contagious for at least 3 days after symptoms stop
- Person-to-person contact by hand-to-hand contact
- Contact with contaminated objects and surfaces

How is it diagnosed and treated?

- Primary care provider and laboratory testing
- Other treatment is aimed at individual symptoms
- Drink plenty of fluids to prevent dehydration
- Most people fully recover in 72 hours

Should the sick individual be isolated?

- Yes. Stay home and away from other people.

When can the individual return to the general population?

- Individual may return when they are symptom-free and feel well

How can norovirus be prevented?

- Wash hands often with soap and water often
- Thoroughly clean frequently touched surfaces, such as toys and doorknobs, especially if someone is sick
 - Use bleach-based household cleaner or make disinfectant using fresh, unopened bleach
 - 1:50 dilution for food/mouth items and toys; 1:250 dilution for surfaces, floors, sinks, etc.
- Stay home when feeling sick, and talk with your doctor

If I have any other questions, whom can I contact?

- Call the Genesee County Health Department, 257-1017