



What is trichomoniasis?

- A common sexually transmitted disease (STD) caused by the parasite called *trichomonas vaginalis*. It can infect both men and women, but symptoms are more common in women. The vagina is the most common site of infection in women, and the urethra is the most common site of infection in men. It is the most curable STD.

What are symptoms that could occur?

- About 70% of people infected do not have symptoms
- Men: itching or irritation inside the penis, burning after urination or ejaculation, or some discharge from the penis
- Women: itching, burning, redness or soreness of genitals, discomfort with urination, or a thin discharge with an unusual smell that can be clear, white, yellowish, or greenish

How is it spread?

- Parasite is passed during vaginal sex, normally through penis-to-vagina intercourse
- Women can acquire the disease from infected men or women, but men usually contact it only from infected women

How is it diagnosed and treated?

- Primary care provider evaluation and laboratory testing
- Call and make an appointment at the Genesee County Health Department Adult STD Clinic, 810-257-3139
- Treatment with antibiotics prescribed by your primary care provider and should be taken as instructed
- Sexual partner(s) need treatment also even if there are no symptoms

How can trichomoniasis be prevented?

- Best way to avoid STDs is to not have vaginal, anal, or oral sex
- If you are sexually active:
 - Use latex condoms the right way
 - Limit your number of sexual partners
 - Consider a partner who has been tested and is negative for STDs
 - Have regular exams

Are there complications?

- Can increase the risk of getting or spreading other STDs
- Pregnant women with trichomoniasis are more likely to have their babies too early

Should the sick individual be isolated?

- No. But should abstain from vaginal, oral, and anal sex until treatment is complete

If I have any other questions, whom can I contact?

- Call the Genesee County Health Department at 257-1017